



NC PROFESSIONALS HEALTH PROGRAM

May 15, 2020

Dear North Carolina medical professional,

The North Carolina Professionals Health Program (NCPHP) is here to assist you and honor the sacrifice you are making to treat the public during this time of a national crisis.

Our world has changed dramatically since the beginning of this year. No one is immune to the stresses COVID-19 has brought. It has created unprecedented stressors and challenges for licensees of the NCMB, the NCBOP, and the NCVMB. To assist you, NCPHP has established a free online support group for medical professionals in North Carolina.

These groups will be facilitated by experienced mental health professionals in your geographic area and the first group is **free to any licensee of the NCMB, the NCBOP, or the NCVMB**. These groups are for support and to provide a place to share your struggles, your victories, and to give you a place to connect with other medical professionals in your community who are going through the same emotions. NCPHP is providing these groups as a free service and attendance in these sessions will be not be shared with our organization, or any others.

If you are interested, please email your name and closest urban area, e.g., Joe Jordan – Raleigh, John Doe – Greenville, to covid19support@ncphp.org and we will pass your information on to the group facilitator who will reach out to you with information about the group time and on-line format. We hope to get at least six interested group members to start a group.

Thank you for what you do. If you have any questions, please reach out to me at jjordan@ncphp.org or to our Medical Director, Dr. Clark Gaither, at cgaither@ncphp.org.

Sincerely,

Joseph P. Jordan, PhD
NCPHP CEO