

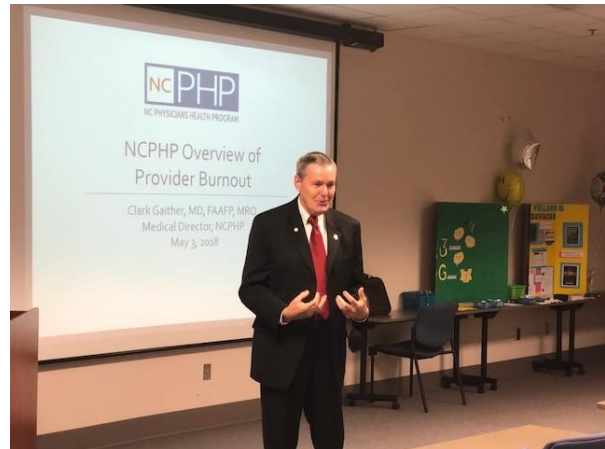
NCPHP Medical Director Shares About Provider Burnout with Duke Regional Hospital Employees

On Tuesday, May 3, NCPHP Medical Director Dr. Clark Gaither spoke to healthcare professionals at Duke Regional Hospital about the dangers of provider burnout. Burnout is an issue that faces providers nationwide and can have a pervasive effect on their ability to care for patients.

In his role at NCPHP, Dr. Gaither specializes in helping providers overcome the “burned-out mindset,” which he describes as limited and restricted. This mindset can inhibit a medical professional’s ability to properly care for their patients or themselves.

In addition to practicing as a family physician for 27 years, he served as a physician monitor for NCPHP program participants for ten years and brings his job-related burnout expertise to the program. In past years, he served on the NCPHP Board of Directors (2002-2007) and as the Board Chair for two consecutive terms (2004 and 2005).

Along with other NCPHP experts, Dr. Gaither often travels across North Carolina sharing information about NCPHP services with hospitals, private practices and associations. He provides information on a wide variety of topics related to substance abuse disorders, physician burnout and other issues that can negatively impact the services delivered by medical professionals.



Dr. Clark Gaither presents to Duke Regional Hospital employees May 3, 2018