

Testimonial of an NCPHP Past Participant – 1/9/17

“I did not graduate most outstanding student of my class with the endeavor of becoming an alcoholic and an addict. As time went on I perceived myself entitled to practice medicine until I was no longer able to practice medicine. When I finally hit bottom and asked for help, the NCPHP was there to assist me where few others were willing or able to do so. The stigma of alcoholism and addiction is a harsh reality which is gradually being understood in the mainstream; however, in the medical community that stigma has never been more prevalent.

Having experienced several PHP programs, I can honestly say that the NCPHP is one of the most empathetic and understanding in advocating for the recovery and reentry into the practice of medicine of its clients. Their approach to client monitoring is unique with regard to personal accountability while at the same time empowering and encouraging one to grow.

My life today far exceeds what I could have imagined when I first entered recovery. I’m working in a thriving practice with wonderful staff and patients. I am a loving and engaging husband and father. I have come to realize that my addiction to drugs and alcohol were only symptoms of an inadequate means of coping with life on life’s terms. Today as a result of the help of the NCPHP, their encouragement and advocacy as well as a solid 12-step program, I am able to be a healthy and productive provider, and most importantly of all, to comprehend the word serenity and finally experience peace.”